

## **Bike Safety**

An MSF Instructor's certification does NOT make him/her better than anyone else. It does NOT mean they have all the answers. It does NOT mean that without it nobody else can teach a newbie how to ride successfully. What it means is that the MSF instructor has the training and experience (and a safe range and safe equipment) to do at least an adequate job of it. I know, I've read about and seen MSF instructors who are great intimidators, too.

So, schedule some time on a regular basis and go out and practice, practice, practice. Earn the respect and regard of your friends by increasing your confidence/skills. Potentially reduce your at-risk time while on the road.

Practice increases confidence. Confidence shows as 'skill.' Over-confidence, however, can kill. The difference between the two, of course, is that being confident means you know you can do something, being over-confident means you think you can.

***VFWR Safety Officer***